

# CITRUS CARE DENTAL

## NEWSLETTER

*Citrus Care Dental, where your smile matters*

A Quarterly Newsletter

January - March 2010



Dr. Gary S. Padgett

### Dear Patients,

**W**elcome to Citrus Care Dental Association's first newsletter. On behalf of Citrus Care Dental Association, I am Dr. Padgett and would like to introduce you to the **Citrus Care Dental Newsletter**. Our purpose is to update our patients with the practice's future information, dental knowledge and what you can expect in dentistry. We are dedicated to providing the highest quality health care along with educating our patients with the latest dental knowledge. Our goal is that you will find this newsletter informative and enjoyable to read.

**B**eing at Citrus Care Dental gives me more time to focus on the latest dental technology that will benefit our patients providing them with more options of treatment. We are now doing more dentistry relating to single tooth implants, implant bridges and dentures fixed on implants. We work closely with the specialist (dental surgeon) to make sure that all our patients have an exceptional level of continuity of care throughout their treatment. Even though we do many large dental reconstruction cases relating with implants we still provide general and cosmetic dentistry for our patients.

**I** also believe in preventive dentistry as much as in the cutting edge technology of dentistry. That is why we suggest to our patients to have the teeth cleaned at least 2 times a year. We recommend a dental exam also during one of these hygiene appointments. If there is something of concern noted, we will briefly discuss this with the patient. If some of our concerns can not be adequately explained due to time limits or complications, an additional appointment can be scheduled at this time. My staff and I are willing to discuss and answer your questions at any time. If you have some concerns and need to talk to us, please feel free to call. Our administrators, Brenda and Lorraine are pleased to take your inquiry.

**I hope our patients can benefit and enjoy what we have offered. It is from our heart to treat the patients with what is right for them.**

*Gary S. Padgett DDS*





# Introducing Our effort team

Upon our first issue of CCDA newsletter, we would like to have the opportunity to introduce you to our wonderful team who make everyday possible at Citrus Care Dental.

Let us introduce you to our front desk & administration, **Brenda and Lorraine**. If you have questions relating to appointments, procedures, billing, etc., they both are happy to help and answer any questions.



Brenda & Lorraine  
Administrators

Our patients all know **Chris and Kelli** well. They have been our wonderful dental assistants to Dr. Padgett since the beginning. They help in all phases of patient care and comfort.



Chris & Kelli  
Dental Assistants

**Cindi and Susan** are our knowledgeable hygienists. Any questions you have relating to your concerns, please feel free to discuss with them. They are a wealth of information with all aspects of preventive care and treatment and are more than happy to share their knowledge with you.



Cindi & Susan  
Dental Hygienists

## COMPLETED PRACTICE RENOVATION



This is the new look of our practice. It came out beautifully. We are pleased with the results as are our patients. It creates a relaxing, peaceful environment that our patients and staff enjoy.



## Update & Events

### What happens

Dr. Padgett and Citrus Care Dental have been serving our patients with exceptional skill and knowledge. We will continue to do that in all phases of our dentistry.

◆ Recently, Dr. Padgett gave several seminars about **"Implant Restorative Dentistry"** in Citrus Hills Bella Vita Spa in Citrus Hills Terra Vista in December and February 2010. December's seminar was so well received that he was asked to return to



give a second follow up seminar. Attendance again was excellent and all questions from the audience were answered at the conclusion.

◆ This coming March 10th, Citrus Care Dental will participate in the **Health Fair 2010** in Bella Vita Spa located in Citrus Hills Terra Vista. Our goal is to educate and inform the patients and public about dental health and new technology in dentistry which everybody can benefit from.



# Accomplished Screw retained hybrid over-denture

**E**VERY MONTH WE PLAN TO HIGHLIGHT A DENTAL CASE WE COMPLETE TO SHOW YOU WHAT WE ARE ACCOMPLISHING FOR OUR PATIENTS THAT MAY BENEFIT YOU. THIS IS ONE OF OUR CASES THAT WE RECENTLY ACCOMPLISHED:

**This patient is a female, age 62.** She presented herself to us with no teeth. Her desire was to have teeth that were comfortable and that she did not have to take out every night.

**The goal was for** the patient to be able to brush and floss as they would be their natural teeth. We in the dental office are able to remove them if necessary to examine the tissue underneath.

**The solution for** this particular patient was **Implant Supported Bridges**, sometimes called **screw retained hybrid over-dentures**.

### **This is how we started the SCREW RETAINED HYBRID OVER-DENTURES:**

✦After CT scans, we planned where the implants were going to be placed. In this case the implants were placed in the upper and lower arches that would hold the eventual bridges that we would be creating.



✦At the same time, we started by creating a set of upper and lower dentures to determine where the teeth needed to be that would be comfortable and esthetic looking for her.



✦Implant supported bridges were then constructed and tried in. When all final esthetics and details were worked out, the bridges were finalized and inserted.



These bridges are fixed on the implants and the patient does not take them out. We remove the bridges to clean and thoroughly examine the tissues once a year.

### **The Result:**



**Before**



**After**

### **From Dr. Padgett's perspective:**

This is without a doubt one of the best treatments available for patients who no longer want to go through life with a denture. Patients who have these bridges like that they are fixed and do not have all the bulky plastic that a denture has.



## Dental Care

### Why do we need an oral exam every year?

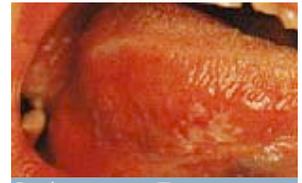
**Y**our oral health is very much connected to your over all general health. Check-ups by your dentist are an important tool to screen for signs of other medical conditions or diseases. Diabetes, nutritional deficiencies even heart disease research suggests that there may be a link to periodontal (gum) disease and other health problems. The New England Journal of Medicine reports "That the intensive treatment for periodontitis directly improves the health of blood vessels, which may have relevance for the prevention of heart attacks and stroke".

### Yes, you do need an exam with full dentures !

During your examination, your dentist checks your neck and oral tissues for irregular masses, growths, red or white spots and recurring sore areas. This is a screening for precancerous changes in oral tissues that can be treated with greater success when found early. When left undiagnosed, the spread to



Leukoplakia (which can turn into cancer) inside the



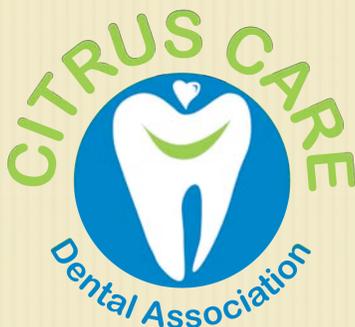
Oral cancer - Tongue

local tissues into lymph glands make treatment more difficult and result in a less than favorable outcome.



Oral cancer - Lip

In the photos, the tissues in your mouth are an indicator of your over all health and can preempt future disease with early treatment. Dentures can become loose from changes in your gums and bones. You need to have them checked for your comfort and to get full use of your investment. Ill fitting dentures hamper your first step in digestion – chewing, and nutrition is fundamental for your resistance to disease.



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